



Coronavirus is having an impact on every single person in our community. We can work together to support and help each other in both financial and practical ways.

How to get some financial help – cash or a loan

Charity grants, local people plus the Parish Councils and others have all chipped in to create a support fund available for anyone living here in the Roseland. This help can be in the form of either a grant, or an interest free loan. Either use the group fund below or ask your Hub Coordinator for details of very local support.

Both processes are completely confidential.

You can either email roselandassist@gmail.com **or** phone and chat to one of these people about a cash payment: and they can help you fill in their form as you chat.

Mike Croft	07711 832 232	Annabelle Sylvester	01872 501270
Colin Brown	01872 501697	Philip Martin	01872 530240

and/or Your Hub Coordinator or Roseland Together can also offer you small immediate cash grants to spend on food – again all handled in confidence.

Hot meal delivered to your door if you are in need

Don't forget if you are in need and could do with some help with food, you can request a three course, freshly cooked meal delivered to your door free of charge, you just have to ask. It doesn't have to be for every day, and you don't have to commit to a minimum number, a few days or a whole week, whatever suits you – veggie option too - just mention it to your local Hub Coordinator or contact.

Sarah **07377 230 805** email GerransMeals@gmail.com

Website and Facebook pages

We regularly update our website and Facebook page with guidance from the Council, Government, NHS, South West Water and much, much more

<https://www.rspgroselandtogether.co.uk>

and <https://www.facebook.com/groups/RoselandTogether/>

Contact details for local coordinators

Gerrans	gerrans@rspgroselandtogether.co.uk Debs Walker 07788 199 952
Philleigh	philleigh@rspgroselandtogether.co.uk Kay Robinson 01872 581877
Portholland	portholland@rspgroselandtogether.co.uk Nikki Clemens 01872 501940 / 07710429632
Portloe	portloe@rspgroselandtogether.co.uk Peter Booth 07789 436906
Portscatho	portscatho@rspgroselandtogether.co.uk Zoe Sheppard 01872 580412
Ruan	ruan@rspgroselandtogether.co.uk Caroline Martin 01872 501697
St Just	stjust@rspgroselandtogether.co.uk Valerie Penny 07711 209 299 / 01326 279224
St Mawes	maweshubrspg@gmail.com Helen Couch 07936 448 504 / 07591 431456
Tregony	mackenzie-s2@sky.com Sean Mackenzie 07717 006 935
Veryan	veryanhubrspg@gmail.com Bob Field 01872 501974 / 07831 579 629

Other numbers if you would rather contact someone else

Roseland Together	RoselandTogether@gmail.com Central phone 07743 746 215
Community Coordinator	hilary.box@nhs.net Hilary Box 07494 161549

Each volunteer on the end of a phone number has signed a confidentiality agreement so you can be absolutely sure that your personal information stays private and safe.